



Free Day Pass

Please complete and bring with you to:
Elite Fitness, Unit 8 Spring Valley Trading Estate
Douglas, Isle of Man, IM2 2QR.

Title	Mr / Mrs / Miss / Ms / Other _____	Office use only
-------	------------------------------------	-----------------

First Name	Surname
------------	---------

Address	Post code
---------	-----------

Mobile	Date of Birth
--------	---------------

I confirm that I have not used the facilities at Elite Fitness prior to today and have not previously used a free day pass. I acknowledge that I am physically fit and free from any illnesses that may be aggravated by performing exercise. I am familiar with most gym equipment but if I am unsure of how to use any equipment I will ask a member of staff before doing so.

I will wipe any machines down with the antibacterial spray and paper towels available within the gym area and put any equipment away after use.

I have read, understand and agree to the rules, terms and conditions (available at www.elitefitness.im) laid down by the club and agree to abide by them.

Signature	Date
-----------	------